

Laboratory

LONG-LASTING ANTI-COAGULANTS (SUPER WARFARIN)

Agent Overview: Warfarin (Coumadin, or *bis*-hydroxycoumarin) is used therapeutically

as anticoagulants and once was used commercially as rodenticides.

Several long-acting coumadin derivatives (superwarfarins like

brodifacoum, diphenadione, chlorophacinone and bromadiolone) can produce profound and prolonged anticoagulation. Most patients are asymptomatic after an unintentional ingestion. Signs of decreased clotting ability (coagulopathy) typically occur within 24-72 hours post significant ingestion of a long-acting anticoagulant, and may present as nose and gum (epistaxis, gingival) bleeding, as well as bloody vomit, urine, feces, or uterus, (hematemesis, hematuria, hematochezia, menometrorrhagia), discoloration, splotching, and bleeding of the skin, tissues, and brain (ecchymosis, petechial hemorrhages, intracranial

hemorrhages) or bleeding not in proportion with the injury.

Lab Specimen Submittal: Authorization by Dr. Jane Getchell, Director DPHL; Christina

Pleasanton, Deputy Director DPHL; or Tara Lydick, Chemical

Terrorism Coordinator.

Type of Specimens <u>Urine</u>: 25mL-50mL screw-cap container

Necessary for Testing: Whole blood:

- Three, 5 or 7 mL purple-top (EDTA) tubes (vacuum fill only) AND

- One, 5 or 7 mL gray-top or green-top (vacuum fill only) AND

- Two empty urine cups and two empty blood tubes for each lot #

submitted.

Packaging Instructions: <u>Urine</u>: freeze specimen upon collection and ship on dry ice; label

specimens and package individually; wrap with absorbent material.

Whole blood: place filled tubes in a shipping rack for stability, wrap the tubes in absorbent material, and secure with tape. Place the packaged

tubes in a secondary unbreakable container. Specimens may be

shipped cold but *must not* be frozen.

<u>All:</u> wrap sample containers and layers with tamper-proof, waterproof forensic evidence tape initialed by collector, being careful not to cover the sample labels. Ship to DPHL as Biological Substance, Category B

(Packing Instruction 650).

Receiving Specimens

at DPHL:

Authorized specimens are received at the lab's rear (loading dock) entrance. Submitters must present ID and complete proper forms.

Handling of Specimens: Follow chain of custody procedures. Freeze urine specimens.

Reporting Results: Reference laboratory will notify DPHL as soon as possible. The

Potential Exposure Call Log and Information form will provide information for notification of testing results outside of the DPHL.

Contact Information: Jane Getchell, DrPH, Director DPHL, 302-223-1520 (24/7 coverage)

24/7 Emergency Contact Number: 1-888-295-5156

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